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Feedback

We want to hear from you. Please forward your ideas and suggestions to library@cavancoco.ie

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If you would like to subscribe to the Library Newsletter, please contact your local library or email your details to library@cavancoco.ie

Library Website

www.cavanlibrary.ie



Quote for November

“Science knows no country, because knowledge belongs to humanity, and is the torch which illuminates the world.”

– Louis Pasteur



Cavan Monaghan Science Festival 2020

This year is the fifth year of the Cavan Monaghan Science Festival which runs from November 7th to November 18th.

The festival is a joint initiative between Cavan County Council and Monaghan County Council, in partnership with Cavan Monaghan ETB, and generously funded by Science Foundation Ireland.

This year all events move online and featured events include **From Monaghan to Medicine with Prof. Sam Mc Conkey; Managing Well-Being in Strange times with Dr. Eddie Murphy; The Science of Teenagers with Dr. Declan Mc Kenna; A Guide to Gut Health with Maria Lucey; Impact and Influence with Maria Macklin; and Performance Nutrition with Daniel Davey** to name but a few!

With topics including astronomy, zoology, farming, nutrition, weather, space, sports psychology, an after school Science Club, a programme of events for schools Go Experiment zone and a look at STEM in Business across Cavan and Monaghan, the festival encourages everyone to discover more wonders of science in our everyday lives.

All details may be found at www.cavanmonaghansciencefestival.ie and on FaceBook. Some events are limited and require registration, and remember all events are **FREE!**

LIBRARY IRELAND WEEK 2020

November 30th - December 6th

#LIW20

www.libraryirelandweek.ie

Libraries Endure:

Continuity in a crisis

Library Ireland Week 2020

Save the date - Library Ireland Week will take place from Monday November 30th to Sunday December 6th, and the message for the week is 'Libraries Endure: Continuity in a Crisis'. Check out our Facebook pages and our website www.cavanlibrary.ie for details about library events, e-services, activities and words of encouragement!



Level 5 Restrictions Cavan Libraries

Throughout Level 5 restrictions library branches across Cavan will remain closed to the public but remember Library staff members are available to answer all queries. Anyone that is confined to home may avail of our service where books are delivered to your doorstep. See contact details above!



Congratulations to Irish author **Anna Burns** winner of the International Dublin Literary Award 2021 for her book 'Milkman', which was nominated by public libraries in the UK, USA & Germany, as well as Irish Libraries. The great news is that you can download and read the book for FREE using our BorrowBox app.

Healthy Ireland at your Library

As part of the nationwide
Healthy Ireland at Your Library Programme

Johnston Central Library presents



Shane Martin

C.Psychol., Ps.S.I.

MINDING OURSELVES:
Uprooting the roots of stress

When: Tuesday 24th November

Where: www.cavanlibrary.ie via Zoom

Time: 7pm

Free

To Register for this event e-mail library@cavancoco.ie

www.cavanlibrary.ie

www.librariesireland.ie/healthy-ireland



Kiara na hÉireann
Government of Ireland



Due to Government Guidelines all our Library Buildings will remain closed until further notice!
We look forward to re-opening very soon!

Website: www.cavanlibrary.ie