

## April 2021 Newsletter!

### Inside this Month's Issue!

Read about:

- Spring into Storytime
- Grow it Forward
- Easter Competition
- Healthy Ireland
- Happy Easter
- Seachtain na Gaeilge

### Feedback

We want to hear from you. Please forward your ideas and suggestions to [library@cavancoco.ie](mailto:library@cavancoco.ie)

### Subscribe to Newsletter

If you would like to subscribe to the Library Newsletter, please contact your local library or email your details to [library@cavancoco.ie](mailto:library@cavancoco.ie)

### Library Website

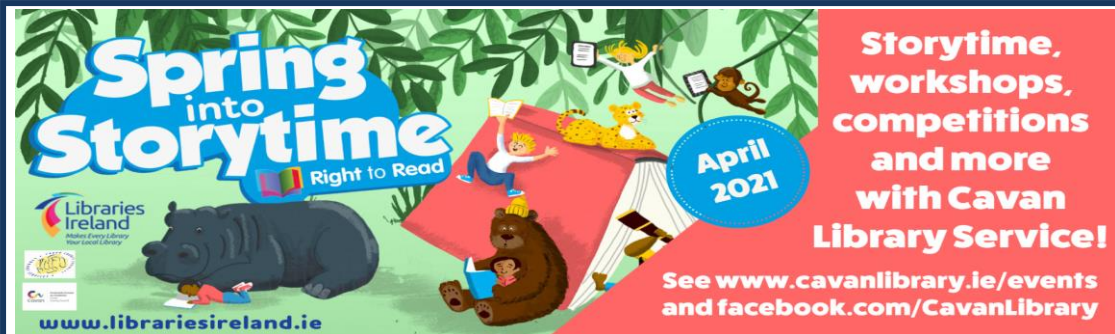
[www.cavanlibrary.ie](http://www.cavanlibrary.ie)



### Quote for April

"Don't wait for someone to bring you flowers. Plant your own garden and decorate your own soul."

**Luther Burbank  
(botanist)**



**Spring into Storytime**  
Right to Read  
Libraries Ireland  
Healthy Ireland  
www.librariesireland.ie

**April 2021**

**Storytime, workshops, competitions and more with Cavan Library Service!**

See [www.cavanlibrary.ie/events](http://www.cavanlibrary.ie/events) and [facebook.com/CavanLibrary](https://facebook.com/CavanLibrary)

## Cavan County Library Encourages Families to 'Spring into Storytime'

Public libraries' annual **Spring Into Storytime** programme launches on April 1<sup>st</sup> and promises to bring the magic of storytime to homes across the country.

This year, Spring Into Storytime is moving online and Cavan County Library has a host of virtual events and activities planned, all based around reading and listening to stories, which families can enjoy at home.

We are delighted to welcome Westmeath author and illustrator, Dolores Keaveney who will tell the tale of Dee the Bee, and If I were a Bee, and she will also visit a beekeeper to hear about honey and all things bees.

For mothers and babies we welcome a series of four FREE '**Clever Little Handies**' workshops through ZOOM with Claire Glynn, which will be filled with nursery rhymes, songs and poems with ISL signs that pertain to the day to day life with a baby.

We will also feature story times with our wonderful staff members throughout the month of April, so be sure to join us online. All details on **Cavan County Library FaceBook** page or [www.cavanlibrary.ie](http://www.cavanlibrary.ie).



**GET FREE SEEDS, DO GOOD DEEDS**  
with Cavan Library Service

**Register for your GIF Free Seed Pack**  
Email your name and address to [cootehilllibrary@cavancoco.ie](mailto:cootehilllibrary@cavancoco.ie)

**GROW IT FORWARD**

## Grow it Forward with Cavan County Library Service

In partnership with Healthy Ireland and Libraries Ireland, and supporting the government's Keep Well campaign, all budding GIYers are invited to claim a Grow it Forward pack at [giy.ie/growitforward](http://giy.ie/growitforward) or by contacting Cavan Library service.

Each food growing pack includes seeds for beetroot, carrots, salad leaves, peas and tomatoes; a guide to help grow them and a postcard and gift tags to help share them. When you sign up you will also receive regular e-mails with growing support, video clips and ideas for how to 'grow it forward' by passing on seeds, seedlings or produce in accordance with social distancing guidelines. So how can you get your hands on a pack from Cavan Library Service? Just email [cootehilllibrary@cavancoco.ie](mailto:cootehilllibrary@cavancoco.ie) with your name and address or ring us at 049 5559873. Our GIY Ambassador for the county is Margaret Bannon, Cootehill Library, who is happy to answer all your queries!

# Spring into Storytime

## Family COMPETITION TIME

Guess where our Easter Bunny has been 'out and about'!

**Our Easter Bunny has been wandering all over Cavan! Can you guess all the places he has visited?**

See Bunny on his travels in Cavan at [www.cavanlibrary.ie/events](http://www.cavanlibrary.ie/events) and [facebook.com/CavanLibrary](https://facebook.com/CavanLibrary)

Email entries to [libraryevents@cavancoco.ie](mailto:libraryevents@cavancoco.ie)

Closing date 9th April.



# Healthy Ireland at your Library

## Healthy Ireland Events at Cavan County Library Service

**'Using Covid-19 to Help Us Build Resilience'** with Dr. Claire Hayes. Thursday April 8th at 7pm-8pm

Consultant Clinical Psychologist, author, lecturer and Cootehill native, will explore how we can use our experiences of the Covid-19 pandemic to help build our resilience going forward.

**'Decluttering and the Impact on our Mental Health'**

with Fiona Hall Thursday April 15<sup>th</sup> at 7pm-8pm

Advice to help clients declutter and organise their homes so they can let go of the past, lower their stress and anxiety levels and ultimately live happier lives!

Both events are **FREE** and via ZOOM, and tickets may be acquired on Eventbrite. Details on [www.cavanlibrary.ie](http://www.cavanlibrary.ie)



**Happy Easter to all our patrons!**

Easter is a time of hope and we hope for a brighter and safer future!

Thank You everyone – your support has been phenomenal!



Sheoladh Oíche Cheiliúrtha Fhéile Pádraig den scoth le Martin Donohoe, NYAH, Philip Clarke, Comhaltas agus a gcairde ar an 16 Márta le Seirbhís Leabharlainne an Chabháin compháirteach le Seirbhís Leabharlainne Mhuineacháin.

Due to Government Guidelines all our Library Buildings will remain closed until further notice!

Please go to our website for details on all our online services.



Website: [www.cavanlibrary.ie](http://www.cavanlibrary.ie)

