

May 2021 Newsletter!

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Feedback

We want to hear from you. Please forward your ideas and suggestions to library@cavancoco.ie

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Quote for May

The month of May is the pleasant time; its face is beautiful; the blackbird sings his full song, the living wood is his holding, the cuckoos are singing and ever singing; there is a welcome before the brightness of the summer.

Lady Gregory



Bealtaine Festival May 2021

Bealtaine, an Age and Opportunity arts initiative, is a celebration of creativity featuring performances, exhibitions, discussions, workshops and readings by artists working in different art forms all over Ireland, and Cavan County Library Service is proud to present a packed programme of online events including:

‘**What we can learn from Cavan Placenames, Origins and Meanings**’ a lecture by Aogán Ó Feargháil (ZOOM Event)

‘**Midwives of the Nation**’ a filmed performance by Carnation Theatre which will be streamed into the nursing homes of the County

‘**Folklore collecting in County Cavan and the changing nature of folk traditions**’ with Mícheál Briody (ZOOM Event)

Storytelling with Frank Galligan in his own inimitable style

All events are **FREE** and booking details may be accessed at www.cavanlibrary.ie or on our Face Book pages




New Online Magazine Service

Cavan Library Service has changed the online eMagazine provider from RBDigital to **Libby**. The new service with Libby offers free access to thousands of eMagazines for library members to download and enjoy. Download the Libby app from the App Store or Google Play where the changeover will be very simple - just have your Cavan library card number and PIN to hand to sign in. Or you can access Libby online at www.cavanlibrary.ie





Cavan Library Service presented



A Poetry Reading by Noel Monahan

In celebration of Poetry Day Ireland 2021

You can continue to enjoy Noel's poetry reading at www.cavanlibrary.ie/events

Poetry Day

Cavan Library Service celebrated national Poetry Day on Thursday April 29 with an online reading by local poet **Noel Monahan**, who with words, music and images brought us on a journey from the Cuilcagh Mountains to the hedgerows of Cavan.

This may still be accessed on our Facebook page or at www.cavanlibrary.ie, where a signed printable version of the poem **'Beyond the Wind'**, with a beautiful illustration by artist **Padraig Lynch** is available to download for FREE!

Healthy Ireland at your Library

WELLBEING WEDNESDAYS

SAVE THE DATES



ONLINE VIDEO SERIES

Topics include:
Grief and Loss, Parenting, Emotional Eating, Coping with Stress, Mindfulness and more.

28 APRIL, 5 MAY & 12 MAY
11.00AM & 7.00PM

Videos will premiere on facebook.com/CavanLibrary
Also available at www.cavanlibrary.ie/events



TAKE SOME TIME TO FOCUS ON YOUR HEALTH AND WELLBEING

Brought to you by Cavan Library Service as part of the Healthy Ireland at Your Library Programme



Cavan County Library GIY!

Mags, our Grow It Forward Ambassador, is delighted to report that the full allocation of 800 packs of seeds has been distributed to Nursing homes, schools, groups, tidy towns, and individuals throughout the county. She is available to give advice and would love to see photos of your progress at cootehilllibrary@cavancoco.ie or ph 049 5559873

Keep Well

Cavan Reads with Anne Griffin

Huge thanks to **Anne Griffin**, author of **'When All Is Said'**, the book choice for our **'Cavan Reads'** programme, which took place in April. Participants received a free copy of the book and had a chance to meet the author live in discussion with journalist Edel Coffey. We are delighted with the excellent feedback, which gave our readers a chance to 'Switch Off and Be Creative' in response to the government's 'Keep Well' programme.

TTRS



Touch-type Read & Spell

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